

A green alternative to stick deodorant

(Source: Tri-City Herald)By Eric Degerman, Tri-City Herald, Kennewick, Wash.

Aug. 02--I admit I'm a "Mitchum Man," but here's an item that has given me a reusable alternative to fighting the bacteria that leads to dreaded B.O.

This summer, I tried De Odor Works, a somewhat erotically shaped stainless steel bar that you use in the shower.

The combined action of running tap water and rubbing the bar on each armpit, ideally while in the shower water, activates the stainless steel.

It seemed to provide me with desired results over the course of a low-stress day, but I have yet to try it in a social setting.

According to the instructions, "Stainless steel paired with tap water is a secret that chefs have been using for many years to rid their hands of food odor such as fish, garlic and onion."

My grandmother always used table salt to rid her hands of fish odor after she cleaned my catch of fish.

Sure, there's an extra 30 seconds of water usage, but if you are under a low-flow showerhead or taking a bath, an extra half-minute is a luxury.

The cost of this reusable hygiene tool is \$19.95. Among the other benefits is knowing that you are keeping a stick deodorant plastic applicator out of the landfill.

(I was shocked to read the press kit material that only 90 percent of the U.S. population uses deodorant regularly.)

There's a feminine cleaning product called WaterWorks that works under a similar premise. I can't vouch for its effectiveness.

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